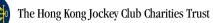


賽馬會安寧頌 JCFrr

Jockey Club End-of-Life Community Care Project







Partners:











Jockey Club End-of-Life Community Care Project (JCECC)

Hong Kong is facing a rapidly ageing population, and the number of elderly suffering from terminal illnesses has also escalated correspondingly. In view of the growing demand for end-of-life care services in the community, The Hong Kong Jockey Club Charities Trust approved around HK\$520 million to initiate the "Jockey Club End-of-Life Community Care Project" (JCECC). Launched in 2016, the ten-year project aims at improving the quality of end-of-life care, enhancing the capacity of service providers, as well as raising public

JCECC is a multi-disciplinary, multi-institutional and cross-sectoral collaboration to help enhance end-of-life care in Hong Kong with special emphasis on the interface between social and medical systems. Service models are being developed and shaped to provide holistic support to terminally-ill elders in the community and elderly homes. The goal is to enable the city's older people to have informed choices of care and have an improved quality of life.

The Trust's partners in JCECC are The University of Hong Kong Faculty of Social Sciences, The Chinese University of Hong Kong Jockey Club Institute of Ageing, Hong Kong Association of Gerontology, Haven of Hope Christian Service, The Hong Kong Society for Rehabilitation, St James' Settlement, and S.K.H. Holy Carpenter Church District Elderly Community Centre and Tung Wah Group of Hospitals. Please visit http://www.JCECC.hk/.



Overview of Phase III of JCECC Project

Building on the foundation laid in the past six years, JCECC in collaboration with the two universities and six NGO partners will continue to expand the four major components. which include "District-based and Community End-of-Life Care Support", "Professional Capacity Building", "Public Education" and "Systematic Assessment and Evaluation". It is hoped that the evidence-based experience generated from the Project would foster a sustainable and long-term development of the end-of-life care services, as well as deepen public understanding of the relevant matters.



District-based and Community-based End-of-Life Care Support

For district-based support to residential care homes for the elderly (RCHEs), the service coverage will increase to 96 RCHEs, equivalent to about 60% of subvented or contract RCHEs under Phase III of JCECC. For community-based support, the service capacity will be further expanded under the integrated community end-of-life care support team (ICEST) model successfully practiced in the previous phase, with a view to effectively supporting terminally ill patients and their family members.

Professional Capacity Building

JCECC will adopt "train-the-trainer" and "online learning" approaches, through different kinds of professional training activities such as leadership trainings, volunteer trainings and professional training workshops, to cater the needs of stakeholders in the end-of-life care service industry.

Public Education

To further enhance the public receptivity towards end-of-life care, the Project will further reach out and engage the public, and nurture an open and conducive environment through mass media and public education activities to maintain the dialogue on end-of-life care in the community.

Systematic Assessment and Evaluation

In addition to the other three major components, JCECC will continue to carry out systematic evaluations to review the effectiveness of the project. The evaluation results could help the Project to set up guidelines and indicators for the end-of-life care service industry in Hong Kong.

Achievement of JCECC Phase I and Phase II

With the concerted effort of the universities and NGO partners in Phase I and II, the JCECC provided holistic support to terminally-ill elders in the community and elderly homes, benefitting both patients and their family members. Moreover, health and social care professionals, RCHE staff members and volunteers were trained and engaged through professional training and public education activities. Starting from 2016:







Over 3,200 patients Over 30.000 health and and nearly 8.400 family members were



social care professionals and RCHE staff members were trained



Over 220,000 participants attended care volunteers were public education activities trained

*Figures as of December 31, 2021

Besides, JCECC also contributed to improving the quality of life of terminally-ill patients and their family members as well as increasing the knowledge and awareness of professionals and public members on end-of-life care:



33.8% improvement on patients' overall quality of life1



family members' overall quality of life2



85.1% of health and social care professionals expressed an improved understanding of



expressed an improved basic understanding of end-of-life care

with 2018, on a more opened mindset to discuss end-of-life care issues among the public

The evaluation of patients' overall quality of life was measured by the reduction of physical symptoms, anxiety, depression, loneliness and practical needs after receiving services

² The evaluation of family members' overall quality of life was measured by the reduction of caring stress, anxiety and depression after receiving services