## Workshop on Personal Care for Patients at End of Life: Benefit Can Be Mutual

While technology in health care has advanced significantly nowadays, the important aspect in caring for patients at end of life still require good "Bonding" between health care providers and patients and their carers. This workshop aims to provide a wealth of clinical examples and practical strategies to improve ones' skills to help this group of patients. A 10 points effective clinical communication skill will be discussed in depth which will enhance ones' understanding of their problems and ways to tackle them. Furthermore, the process of caring for them may help one's personal growth because one may gain more insight in meaning of life through observing how people go through end of life.