



Ms. Esther Chow

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Esther Chow is a social work educator with extensive clinical experiences in social gerontological practice. She has extended research experiences in outcome studies, particularly in partnership with not-for-profit organizations on evidence-based practice. After receiving her post graduate diploma and a master degree in Narrative therapy and community work from the University of Melbourne and Dulwich Centre, Australia, her current research interests include narrative practice, life adversities and wisdom, self-help and mutual-aid, spirituality and recovery, resilience and culture. She published widely and her articles appear in *Clinical Rehabilitation*, *Mental Health and Aging*, *Journal of Social Work*, *Social Work in Health Care*, *Journal of Aging Studies*, *Administration in Social Work*, and *International Journal of Aging and human development*. In recognition of her outstanding achievement and contributions to the field of gerontology, she has been awarded as CADENZA Fellow (2008 cohort), and excellence in Knowledge Transfer from City University of Hong Kong (2013), and elected as a Fellow by the Gerontological Society of America in 2015.