

## **Workshop on Techniques of Grief Therapy: Creative Practices for Counseling the Bereaved**

As contemporary models of bereavement have become more nuanced and empirically informed, so too have the practices available to grief counselors and therapists. This two-day workshop offers in-depth training in several of these techniques, nesting them both within the therapy relationship and in the context of current theories and research that provide flexible frameworks for intervention. Making extensive use of actual clinical videos as well as how-to instruction in the use a numerous therapeutic tools, we will discuss and practice several methods for helping clients integrate the reality of the loss into the ongoing story of their lives, while also reconstructing their continuing bond to their loved one.