

Workshop on Addressing Moral Distress in End-of-Life Decision Making

Moral distress is described as a phenomenon in which one knows the right action to take, but is constrained from taking it. This phenomenon is not uncommon among healthcare professionals facing end-of-life challenges. What is moral distress? Who is vulnerable? How is it recognized? What are the barriers? What can be done about it? The workshop will help participants explore all these questions to a deeper understanding as well as explore means to effect change.

Workshop on Clinical Ethics and Advance Care Planning (ACP)

Discussions on end-of-life care from the perspective of clinical ethics can facilitate positive outcomes in improving the quality of care provided. Early engagement of patients with a life limiting condition in advance care planning can improve patient and family satisfaction. This workshop will provide a platform for participants to understand these two interrelated concepts and to explore an appropriate approach in the provision of End-of-Life care.