

Workshop on Basic Bereavement Care: Theory, Practice and Evidence

Bereavement care is for supporting those who are affected by the death of their family members or close friends. It is an integral part in end-of-life care. Though majority of bereaved persons can work through their own grief without support from professional help, the process of grief can be devastating and stressful. This one day training will offer an overview of grief process, leading grief theories and bereavement care. Specifically, the risk and outcome assessment of grief will be introduced. Basic bereavement care intervention will be shared and practice.