#### THE UNIVERSITY OF HONG KONG

## FACULTY OF SOCIAL SCIENCES

Jockey Club End-of-Life Community Care Project

# Workshop and Training Camp on Uninterrupted Connection: Self-Reflective Journey in End-of-Life Care Communication

Date: May 10, 2017 (Wednesday) - May 11, 2017 (Thursday)

May 22, 2017 (Monday)

Time: May 10, 2017: 9:30am – 8:30pm

May 11 & 22, 2017: 9:30am – 5:30pm

Venue: May 10-11, 2017: Kadoorie Agricultural Research Centre (2 days 1 night

Camp, transportation: http://www.kc.hku.hk/transportation.htm)

May 22, 2017: Social Sciences Function Room, 11/F, The Jockey Club Tower,

Centennial Campus, The University of Hong Kong"

Trainer: Dr. Grace Cheung

**Honorary Assistant Professor** 

Department of Social Work and Social Administration

The University of Hong Kong

Time	Tentative program
1 <sup>st</sup> day: May 10, 2017 (Wednesday)	
9:30am	Assembly
10:00am	Ice breaking game and warm up activities (preparation for dealing with death)
12:45pm	Lunch
2:00pm	Self-exploration 1: Who am I?
6:00pm	Dinner
7:15pm – 8:30pm	Self-exploration 2: Self-reflection, sharing session
2 <sup>nd</sup> day: May 11, 2017 (Thursday)	
8:30am	Breakfast
9:15am	Experiential workshop – In touch with death 1
12:45pm	Lunch
1:45pm	Experiential workshop – In touch with death 2
5:00pm - 5:00pm	Leave the campsite
3 <sup>rd</sup> day: May 22, 2017 (Monday)	
9:30am	Experiential workshop – In touch with death 3 Sharing and applying the discoveries
1:00pm	Lunch
2:15pm-5:00pm	Experiential workshop – In touch with death 4 Knowing death and dying through role-play and inspiration

### The workshop will be conducted in Cantonese

### For participants,

- Please prepare a 8R photo of your own and bring it to the camp
- Each participant will be received 2 books (《輔導者的修為》and《囑福生命手冊》) that will be used in the camp
- This workshop is free of charge
- Participants have to go to the campsite and HKU by their own. The costs of accommodation and meals in the campsite will be covered by JCECC project. However, participants have to buy their own lunch in the third day (lesson conducted in HKU).