

## **Workshop on Responding to the Richness of Lives: Application of Narrative Therapy**

When it comes to end-of-life, the suffering brought by life-limiting illnesses often shadows the rich and valuable life experiences over the life course. This two-day workshop is specially designed for health and social care workers who are interested in using Narrative Therapy (NT) as an effective approach to help patients at end-of-life to reframe on illness experience and bring out goodness of life. Participants will learn theoretical knowledge and practical skills in using the metaphor of 'Tree of Life' to help patients to reconnect unique life events to make sense of one's existence and meaning of life.