#### THE UNIVERSITY OF HONG KONG

### FACULTY OF SOCIAL SCIENCES

Jockey Club End-of-Life Community Care Project

# <u>Professional Workshop on Specialized Bereavement Care: The Theory, Practice and Evidence of the Dual-Process Bereavement Group</u>

Date: August 9 and 10, 2017 Time: 9:30am – 5:00pm

Venue: Social Sciences Function Room, 11/F, The Jockey Club Tower, Centennial

Campus, The University of Hong Kong

Speaker: Dr Amy Chow

Associate Professor

Department of Social Work and Social Administration

The University of Hong Kong

### Day 1 (August 9, 2017):

TENTATIVE PROGRAMME
Welcoming Address
Bereavement Care as an Integral Part of Palliative Care
Barriers in Carrying out Bereavement Care
Therapeutic Factors of Group Work
Considerations in Running Bereavement Groups
Tea Break
The Dual Process Model and DPM Groups in USA and Hong Kong
Lunch
Pre-group Interview and Screening
Session 1: Meeting New Comrades 惜别路上有知己
Tea Break
Role Play Session 1: Meeting New Comrades 惜別路上有知己
Q & A Session
End of Day 1 Session

## Day 2 (Aug 10, 2017):

TIME	TENTATIVE PROGRAMME
9:30 am	Small Group Discussion: Handling of Difficult Situations
10:15 am	Session 2: The Grief Reactions 惜別路上訴心情
10:45 am	Role Play
11:15 am	Tea Break
11:30 am	Session 3: The Relationship with the Loved One 惜別頌生念真愛
12:30 pm	Lunch
2:00 pm	Session 4: The Relationship with Others 惜別頌生當下情
2:20 pm	Session 5: The Relationship with Self 頌生惜別惜真我
2:40pm	Small Group Discussion: Handling of Difficult Situations
3:20 pm	Tea Break
3:35 pm	Session 6: Food for Thoughts 頌生惜別惜我身
3:45 pm	Session 7: Health Comes First 頌生歷程多資訊
3:55 pm	Session 8: A Time to Mourn, A Time to Dance 惜別情中展歡懷
4:20 pm	Effectiveness of DPM Group
4:45 pm	Q & A Session
5:00 pm	End of Workshop

Cantonese (Supplemented with English Teaching Materials)