

## **Workshop on Communication with Distressing Carers and Patients**

Living with advanced illnesses can be chaotic experience for the entire family. Patients and family members are under intense distress. Struggles and conflicts are often unavoidable. This one-day workshop is specially designed for health and social care professionals who are dedicated to relieving family distress and facilitating family interactions. It will explore the possible distress faced by patients and family members at end of life, and introduce practical skills to conduct family sessions for handling family distress, facilitating family engagement and initiating conversations in end-of-life issues.