

THE UNIVERSITY OF HONG KONG
FACULTY OF SOCIAL SCIENCES
Jockey Club End-of-Life Community Care Project

Professional Workshop on Advance Care Planning: A Population Health Approach

Date: November 14 and 15, 2017

Time: 9:30am – 5:30pm

Venue: Social Sciences Function Room, 11/F, The Jockey Club Tower
Centennial Campus, The University of Hong Kong

Speaker: Dr Patricia Bomba
Vice President & Medical Director
Excellus BlueCross BlueShield, USA

Day 1 (Nov 14, 2017): “Community Conversations on Compassionate Care”

TIME	TENTATIVE PROGRAMME
9:30 am	<ul style="list-style-type: none">- Introductions- Assessment & Discussion of Attendees’ Personal Readiness for Advance Care Planning
10:00 am	Advance Care Planning Along the Health-Illness Continuum: Defining the differences between Advance Directives and Medical Orders
11:00 am	Advance Care Planning and Wellness: Five Easy Steps Based on Behavioral Readiness
12:00 noon	Lunch
1:00 pm	Effective Communication Skills: Listen through the Ears of the Individual & Family
2:00 pm	Life-Sustaining Treatment: Recognizing the Benefits and Burdens
3:00 pm	Break
3:15 pm	Putting It Together: Case-Based Discussions Focused on the General Population
5:00 pm	Wrap-Up of Day 1 and Review of Agenda for Day 2
5:30 pm	End of Day 1

Day 2 (Nov 15, 2017): “Ensuring Patient Preferences are Honored”

TIME	TENTATIVE PROGRAMME
9:30 am	Introductions
9:45 am	Applying the 8-Step Medical Orders for Life-Sustaining Treatment (MOLST) Protocol
10:45 am	Shared Decision-Making: A Team Based Approach within Scope of Practice
12:00 noon	Lunch
1:00 pm	Capacity Determination: Who Makes Medical Decisions?
2:00 pm	Conflict Resolution: Focusing on Patient Values, Beliefs and Goals for Care
3:00 pm	Break
3:30 pm	Putting It Together: Ethics and Case-Based Discussions of Seriously Ill Patients
5:00 pm	Final Reflection
5:30 pm	End of Day 2