

## **Advance Care Planning: A Population Health Approach**

Advance care planning (ACP) is a process of planning for future medical care in the event that an individual is unable to make his or her own medical decisions. ACP assists an individual in preparing for a sudden unexpected illness or injury, as well as death and dying. This two-day workshop will introduce ACP as a communication process when a person is healthy and well and/or earlier in the patient's disease course. The ultimate goal of such approach is to improve shared decision-making, specifically by framing ACP as a wellness initiative. It will also clarify the differences between advance directives and medical orders.