

THE UNIVERSITY OF HONG KONG
FACULTY OF SOCIAL SCIENCES
Jockey Club End-of-Life Community Care Project

Workshop on Identifying and Reducing Burnout in Health and Social Care

Date: Tuesday December 5, 2017
Time: 9:30am-5:30pm
Venue: Social Sciences Function Room, 11/F, The Jockey Club Tower, Centennial Campus, The University of Hong Kong
Speaker: Professor Carl Becker
Professor of Medical Ethics and Policy, Kyoto University

TIME	TENTATIVE PROGRAMME
9:30	Welcoming Address
9:35	Communication to Prevent Misunderstanding/Over-expectation
9:50	Kyoto University Research on Predicting Family Caregiver Burnout
10:20	Kyoto University Research on Identifying Causes of Nursing Burnout
11 am	Coffee Break
11:15	Techniques for Reducing Caregiver and Nurse Burnout
12:30	Lunch
2:00 pm	Finding or Making Meaning in Difficult Times
2:30	Group Work: Sharing Ways We Have Overcome Challenges
3:30	Tea Break
3:45	How East Asian Views of Death can Reduce Bereavement Burnout
5:00	Q and A Session