

END-OF-LIFE CARE PLANNING



Date: 18th August, 2018 (Saturday)
Time: 2:00-5:20PM (Registration starts at 1:30PM)
Venue: Lecture Theater 1, Yasumoto International Academic Park, CUHK

Content: ① Seminar (2:00-3:40PM)
 ② Workshop (3:50-5:20PM)
 ③ Exhibition (1:30-5:20PM)

◆ Seminar 2:00-3:40PM | Topic

1 Advance care planning for people with dementia

Prof. Timothy Kwok

Director, Jockey Club Centre of Positive Ageing
 Director, CUHK Jockey Club Centre for Osteoporosis Care and Control
 Professor, Department of Medicine & Therapeutics and The Jockey Club School of Public Health and Primary Care, Faculty of Medicine, The Chinese University of Hong Kong

2 How to initiate the conversation with doctors and Serious Illness Conversation Guide

Dr. Raymond Lo

Clinical Professor (Hon), Department of Medicine and Therapeutics, The Chinese University of Hong Kong
 Specialist in Geriatric Medicine and Palliative Medicine

3 Spiritual Care at the End of Life

Dr. Antony Leung

Medical Superintendent, Haven of Hope Sister Annie Skau Holistic Care Centre
 Former Hospital Chief Executive, Haven of Hope Hospital

Dr. Paul Wong

Deputy Medical Superintendent, Haven of Hope Sister Annie Skau Holistic Care Centre
 Honorary Consultant Physician, Department of Medicine, Pamela Youde Nethersole Eastern Hospital
 Honorary Clinical Associate Professor, Department of Medicine, The University of Hong Kong



Adverse Weather Arrangements for Activity

Activity will be cancelled if:

1. Red Rainstorm Signal, Black Rainstorm Signal or Typhoon Signal No.8 or above Signal is hoisted at 9:00am on the event day
2. Typhoon Signal No.8 or above is announced at or after 9:00am on the event day
3. Red / Black Rainstorm Signal is in force during 12:00noon and 2:00pm

Remark:

Please stay tuned at our Facebook Page <https://www.facebook.com/iaocuhk/> and visit HKO website for latest weather information.

◆ Free Admission ◆

Members of the public are welcome

Registration will be processed on a first-come-first-served basis
 Each participant will be presented a "Lucky Bag" and a "Good Death" booklet

Registration and Enquiry:
 Please contact Ms. Ko at 3943 9209 for enquiries or scan the QR code for online registration



Registration Deadline:
 3rd August, 2018

◆ Workshop 3:50-5:20PM | Please choose one of the four

1 The application of "Serious Illness Conversation Guide"

Dr. Maria Chui

Consultant, CUHK Jockey Club Institute of Ageing
 Registered nurse

The Serious Illness Conversation Guide was developed by Ariadne Labs of Harvard University. It is a structured conversation guide helps facilitate appropriate conversations between healthcare professionals and seriously ill patients and their families. Drawn from best practices in palliative care, the intervention provides guidance for healthcare professionals to initiate these difficult conversations in the right way, at the right time. Patients then have the opportunity to make informed choices that reflect their values, in order to improve their quality of life and help family to reach consensus on end-of-life care.

Objectives:

1. Introduce the benefits of serious illness conversations for patients, families, and healthcare professionals
2. Identify the elements of the Serious Illness Conversation Guide
3. Practice using the Serious Illness Conversation Guide

Target audience: Healthcare professionals



4 Advance Care Planning Handbook Making

Participants are provided chance to make a unique Advance Care Planning Handbook for themselves. They can review about their wishes, care preferences and treatment options in their final stage of lives through this workshop.

Target: Public



2 Horticultural Workshop on Life Education

Through the interaction with horticultural therapist, participants are introduced with basic horticultural skills, as well as methods to initiate communication on the topic of end-of-life via planting activity.

Target: Public

*The plant will be presented to participant as a souvenir



3 Clinical ethics in end-of-life care

Dr. Derrick Au

Director, CUHK Centre for Bioethics and Geriatrician

Dr. Jacqueline Yuen

Clinical Lecturer, Department of Medicine and Therapeutics, The Chinese University of Hong Kong

Ms. Faye Chan

Nursing Officer, CUHK Jockey Club Institute of Ageing

Ethical aspects of end-of-life care will be explored in the workshop. Key concepts in end-of-life care decision-making and practical approaches will be discussed, including withholding and withdrawing life sustaining treatments, truth-telling, and dealing with conflicts.

Objectives:

1. To identify ethical issues challenging healthcare professionals in providing end-of-life care
2. To explore practical ways to address ethical dilemma in clinical settings
3. To enhance communication skills in handling ethical issues in clinical settings

Target audience:

Healthcare professionals

