

**THE UNIVERSITY OF HONG KONG**  
**FACULTY OF SOCIAL SCIENCES**  
**Jockey Club End-of-Life Community Care Project**

**JCECC Experiential Workshop on Buddhist Philosophy and Mindful Self-reflection in  
End-of-Life Care**

Date: June 22, 2018  
Time: 8:30am – 5:30pm  
Venue: Tsz Shan Monastery, 88 Universal Gate Road, Tai Po, New Territories

TIME	TENTATIVE PROGRAMME
8:30am	Gather at HKU ( <a href="#">University Drive outside Union Restaurant, Haking Wong Building, HKU</a> )
8:45am	Departure from HKU (by shuttle bus)
9:30am	Arrive at Tsz Shan Monastery
9:40am	Seminar: Buddhist Spiritual Counselling Perspectives on Care at the End-of-life
11:40am	Break
12:00nn	Mindful Lunch (Vegetarian meal)
1:00pm	3D Video Display
1:15pm	Tranquility journey: a guided tour of Tsz Shan Monastery
2:45pm	Break
3:00pm	Experiential workshop on mindful reflection in End-of-Life Care
4:45pm	Depart from Tsz Shan Monastery
5:30pm	Dismiss at HKU

The event will be conducted in English.