

Engaging Family in End-of-Life Stage: Case Conceptualization, Assessment and Intervention Using Family Centered Approach

Research have demonstrated that the significance of family involvement with quality care of patients at end of life stage. However, family relationship, communication and interaction can be complicated. With an end of life diagnosis, patients and family members often avoid addressing the issue of imminent death. Unresolved family conflicts and inability to reconcile can lead to lifelong regrets on patients and their care-givers. This workshop introduces the challenges of families in end-of life stage and their common communication styles. By adopting a family centered approach, frontline professionals can better assess the dynamics, strengths & limitations of the families. A resilience based interventions will be introduced through case illustrations.