

Workshop on Family Forgiveness and Reconciliation at End-of-Life Stage

When imminent death approaches, many patients or family members will experience psychological & spiritual distress. Often time, family conflicts and regrets over life events will resurface. Forgiveness and reconciliation is wished for but difficult to achieve, especially in the Chinese context. Helping professionals have a role to facilitate the process of family reconciliation and foster peaceful death; but sometimes find themselves not adequately equipped. In this workshop, we will examine the existing forgiveness models to uncover the process of forgiveness and reconciliation in dying patients, as well as the helping strategies. Case sharing and practice wisdom exchange will be used.