## THE UNIVERSITY OF HONG KONG FACULTY OF SOCIAL SCIENCES Jockey Club End-of-Life Community Care (JCECC) Project

## Workshop on Creating Life in the Passing: Person-centered Expressive Arts Approach

Date: Thursday and Friday October 8 and 9, 2020

Time: 9:30 am - 5:30 pm

Venue: Centre on Behavioural Health, 2/F., The Hong Kong Jockey Club Building for

Interdisciplinary Research, 5 Sassoon Road, Pokfulam, Hong Kong

Speaker: Ms. Fiona M.Y. CHANG, Registered Expressive Arts Therapist, Registered Social

Worker, Certified Supervisor (ACA), PhD Candidate, CUHK

TIME	PROGRAMME
Oct 8, 2020	Morning
	<ul> <li>Creating the person-centered expressive arts space</li> </ul>
	<ul> <li>Warm-up: Healing potentials of different art modalities</li> </ul>
	Afternoon
	<ul> <li>Hopes and fears in the end-of-life care</li> </ul>
	<ul> <li>Live demonstration and try-out: Deep listening in the creative exploration</li> </ul>
Oct 9, 2020	Morning
	<ul> <li>Check-in: Qualities of a person-centered expressive arts facilitator</li> </ul>
	<ul> <li>Live demonstration: creative connection process</li> </ul>
	Afternoon
	<ul> <li>Group sharing and try-out</li> </ul>
	<ul> <li>Learning Circle: Therapeutic elements in the creative end-of-life care</li> </ul>

## Remarks:

Dress code: comfortable and casual wear