## THE UNIVERSITY OF HONG KONG FACULTY OF SOCIAL SCIENCES Jockey Club End-of-Life Community Care (JCECC) Project

## Workshop on Integrative Body-Mind-Spirit (IBMS) Approach: A Psychosocial Intervention for End of Life Care

Date: Tuesday September 15, 2020

Time: 9:30am – 5:30pm

Format: To be conducted via Zoom Speaker: Professor Cecilia Chan

Advisor of Jockey Club End-of-Life Community Care Project

Dr. Celia Chan Associate Professor

Department of Social Work and Social Administration

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Dr. Yat Lui Fung

Lecturer

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TIME	PROGRAMME
Morning	- Fundamentals of IBMS
	Emotion and Life Challenges
	Mind-body techniques
Afternoon	Experiential Learning and Reflection
	Meaning Reconstruction
	Transformation through Pain