

Jockey Club End-of-Life Community Care Project

## Effectiveness of an Online End-of-Life Care Training Program on Health and Social Care Professionals

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#### Background



- The Hong Kong Jockey Club Charities Trust has pledged to fund the Jockey Club End-of-Life Community Care (JCECC) Project between 2019 January and 2021 December
- Developing training programmes target both health & social care professionals to enhance the community's capacity to provide quality End of Life Care (EoLC) services to patients and their families.



#### **Training Program Structure**

3-tier training program

## Advanced Module

## Intermediate Module



#### **Basic Module**

- Health and social care professionals
- infrequently provide palliative care or EoLC
- may come across clients with advanced, progressive disease, or chronic disease
- About 7 hours

#### **Basic Module**



#### Interdisciplinary EoLC competence Scale (IEoLCC)

- Course participants were invited to complete online prepost assessment on their EoLC competencies using the 37-item, 10-points Likert scaled.
- seven subscales correspond to the JCECC EoLC Competency Framework
- The pretest is conducted before participating the entire online course
- The posttest is conducted after finishing each unit (7 units in total in Basic Module)



## Data collected & Demographic Information



- Participants were asked to complete a pretest and posttest for each units
- 692 participants in the Basic Module completed the pretest
- Among them, between 151 and 330 completed individual domains of the Basic Module and the respective post-test.





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# Demographic Information (Work & religion)





#### **Results – Changes in EoLC Self-Competence**

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## Findings



- The seven domains of EoLC Self-Competence are positively changed with statistically significance
- Domain 5 "Psychosocial and spiritual care" has the greatest change but with the lowest score
- Domain 2 "Self-care and Self-reflection" has the least change but with the highest score

#### Discussion



- The results showed significant increases in EoLC competence in all seven domains with large effect sizes (0.94 to 1.23), implying that the Basic Online Module is highly efficacious in improving professionals' EoLC competency
- The changes in Domain 5 & Domain 2 need to be further examined

## **Conclusion & Recommendation**



#### For research

- The results suggest that the Basic Online Module is efficacious in improving professionals' EoLC competency
- The correlation between the effectiveness and other variables (work experience, job satisfaction level)
- Collect more qualitative data to understand what contribute to the changes
- Encourage participants to complete the post-test to decrease attrition rate

#### For learning experience

Create a more personalized learning experience: address different needs from the participants with different backgrounds



