



Dr Phyllis S. Kosminsky

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Phyllis Kosminsky, PhD, LCSW, FT is a clinical social worker whose work focuses on grief, loss and trauma. She received her Master in Social Work from Columbia University and her Ph.D. in Social Welfare from Brandeis University. In her work at the Center for Hope in Connecticut and in her private practice, Dr. Kosminsky has provided individual and group counseling to hundreds of bereaved people over the past twenty-five years. She has conducted hundreds of trainings for mental health professionals nationally and internationally in the treatment of normal and complicated grief and is a regular presenter at national and international conferences. In 2014 Dr. Kosminsky was admitted to membership in the International Work Group on Death, Dying and Bereavement (IWG). Her publications include journal articles, book chapters, and the book *Getting Back to Life When Grief Won't Heal* (McGraw Hill, 2007). Her book with John R. Jordan, *Attachment Informed Grief Therapy: The Clinician's Guide to Foundations and Applications* was published by Routledge in February of 2016.

Dr. Kosminsky is an adjunct Professor of Social Work at Fordham University, and the immediate President of the Association for Death Education and Counseling. Dr. Kosminsky's first book, *Getting Back to Life When Grief Won't Heal*, was written to provide reassurance to readers, to identify the stumbling blocks to healthy grieving, and to guide them toward resolution of grief and reinvestment in living. Her new book with Dr. John R. Jordan, "Attachment Informed Grief Therapy: A Clinician's Guide to Foundations and Applications" was published in 2016 which provided a thorough review of attachment styles and how to address them in clinical practice.