

## **Workshop on Working with Patients and Families on Holistic Symptom Care at End-of-Life**

The goals of end-of-life care are to maintain the comfort & choices of patients and care for the psychosocial spiritual needs of them and their families. Providing relief from the symptoms is effective to prevent related emotional distress and improve quality of life. Given the fact that most patients are cared at home, the collaborations between patients, families, and care team are important. Community care services play a role to facilitate the support of patient at home. In this workshop, trainer will touch on common symptoms experienced by end-of-life patients, their psychosocial implications and the holistic care strategies