

**THE UNIVERSITY OF HONG KONG**  
**FACULTY OF SOCIAL SCIENCES**  
**Jockey Club End-of-Life Community Care (JCECC) Project**

Workshop on Addressing Secondary Traumatic Stress in End-of-life Care:  
A Body Work Approach

Date: Tuesday March 30, 2021  
Time: 9:30 am – 5:30 pm  
Venue: Room 404, 4/F, T. T. Tsui Building, The University of Hong Kong, Pokfulam Road, Hong Kong  
Speaker: Ms Kam Fung Wong, Registered Social Worker, Somatic Experiencing Practitioner (SEP)

TIME	PROGRAMME
Morning	<ul style="list-style-type: none"><li>- Guided imagery</li><li>- Self-reflection/experiential exercises</li><li>- A neurophysiological perspective to secondary traumatic stress and vicarious trauma</li></ul>
Afternoon	<ul style="list-style-type: none"><li>- Introduction of somatic based self-help skills</li><li>- Skills practice</li><li>- Case demonstration</li></ul>