

Remote Psychosocial Support for Patients and Family Caregivers Touched by End-of-Life Issues during the Pandemic – Online Engagement and Group Facilitation Skills through Zoom

Most of the face-to-face services have been suspended due to the social distancing measures. The mode of health and social care service has to be transformed to online platform remotely. Social care workers may face difficulties in eliciting their responses, observing non-verbal cues and facilitating discussion when using Zoom with group members.

During this experiential workshop, the trainer would conduct and demonstrate some interactive activities using various functions in Zoom. The trainer would also share the tips on the activity design, planning and facilitation techniques of a few short warm up games through Zoom.

Participants joining this training are expected to:

1. Connect with your video and audio, show your face in front of the webcam to participate in the games and discussion. You may prepare a virtual background if needed;
2. Join the Zoom using laptop or desktop computer is more preferable than iPad or Tablet.
3. Arrange a quiet place with stable internet connection and no interruptions;
4. Participants shall have basic experience on using video conference. The trainer would focus on the facilitation tips instead of teaching technical setup steps of Zoom.