

Facilitating Advance Care Planning through Serious Illness Conversation

Communication is one of the most essential components of health care delivery. Good communication itself is therapeutic and rewarding, especially in serious illness situations. Yet these communication scenarios can be difficult and challenging at times. Much of the conversations in serious illnesses and end-of-life situations are centred around decision making and advance care planning, and a guided approach would be helpful. The Harvard Serious Illness Conversation Guide is useful and has been adopted with application in local setting. Principles, practice, evidence, and scenarios with video demonstration will be shared in this session.