

賽馬會安寧頌
JCECC
 Jockey Club End-of-Life Community Care Project

**JCECC Human Library Sharing Session
 (Episode 4)**

22 August 2023

策劃及捐助: 香港賽馬會慈善信託基金

合作夥伴:



預設照顧計劃

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病人、家屬和醫護人員一起商討於病人日後病危時，希望得到怎樣的治療和照顧。


**有SAY!
 強調自主和溝通**

預設照顧計劃


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病人的病情
 預後發展
 治療和護理的選擇




病人對治療的期望
 對治療的意向



病人的價值觀
 晚期照顧的意願



家屬的看法



病人的心願和照顧意願
 訂立「預設醫療指示」

一個讓病人、家屬和醫護人員
 溝通和彼此了解的過程

如果沒有預設照顧計劃...

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- 家人不知道病情的嚴重性
- 醫護人員不知道患者的意願
- 病人遭受不必要的痛苦

「預設照顧計劃」的好處

19 Evidence-Based Benefits of Advance Care Planning
<https://www.acpdecisions.org/19-evidence-based-benefits-of-advance-care-planning/>

在家庭成員中「不同的步伐」

- 良好的溝通
- 相互尊重
- 用心傾聽

專業人員
主持、指導、協調

專業人員的角色

1. 提供醫療資料/資訊
2. 誘導病人紓發個人的價值觀和對治療的取向
3. 鼓勵家屬聆聽病人的感受
4. 調解不同意見，處理情緒
5. 尋求共識，達致大家認同的「預設照顧計劃」。

「賽馬會安寧頌」資源 出版刊物

資源 → 出版刊物

《預設照顧計劃手冊 -- 晚程心導遊》





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我們還想 醫護們知道的事：

病人的價值觀、信念和願望

在病人而言，最重要的事是什麼？

當病人的預期壽命少於一年，我/我們相信他/她希望在什麼地方接受照顧？

當病人在生命的最後階段，我/我們相信他/她希望住在什麼地方接受照顧？

病人對個人照顧的意向是什麼？

病人對個人照顧的意向是什麼？

病人的晚期照顧意向

當病人在生命的最後階段，我/我們相信他/她希望住在什麼地方接受照顧？

當病人在生命的最後階段，我/我們相信他/她希望住在什麼地方接受照顧？

病人對個人照顧的意向是什麼？

病人對個人照顧的意向是什麼？

教育和推廣





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「賽馬會安寧頌」社區安寧全人照顧課程

「賽馬會安寧頌」社區安寧全人照顧課程

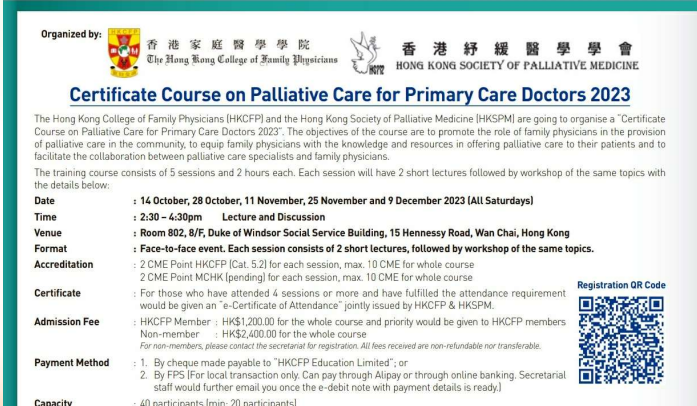
簡介


「賽馬會安寧頌」 Facebook

JCECC 賽馬會安寧頌計劃

8.4K likes · 9.6K followers

For Primary Care Doctors





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Organized by: 香港家庭醫學學院
The Hong Kong College of Family Physicians

香港紓緩醫學學會
HONG KONG SOCIETY OF PALLIATIVE MEDICINE

Certificate Course on Palliative Care for Primary Care Doctors 2023

The Hong Kong College of Family Physicians (HKCFP) and the Hong Kong Society of Palliative Medicine (HKSPM) are going to organise a "Certificate Course on Palliative Care for Primary Care Doctors 2023". The objectives of the course are to promote the role of family physicians in the provision of palliative care in the community, to equip family physicians with the knowledge and resources in offering palliative care to their patients and to facilitate the collaboration between palliative care specialists and family physicians.

The training course consists of 5 sessions and 2 hours each. Each session will have 2 short lectures followed by workshop of the same topics with the details below:

Date : 14 October, 28 October, 11 November, 25 November and 9 December 2023 (All Saturdays)

Time : 2:30 – 4:30pm Lecture and Discussion

Venue : Room 802, 8/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wan Chai, Hong Kong

Format : Face-to-face event. Each session consists of 2 short lectures, followed by workshop of the same topics.

Accreditation : 2 CME Point HKCFP (Cat. 5.2) for each session, max. 10 CME for whole course
2 CME Point MCHK (pending) for each session, max. 10 CME for whole course

Certificate : For those who have attended 4 sessions or more and have fulfilled the attendance requirement would be given an "e-Certificate of Attendance" jointly issued by HKCFP & HKSPM.

Admission Fee : HKCFP Member : HK\$1,200.00 for the whole course and priority would be given to HKCFP members
Non-member : HK\$2,400.00 for the whole course
For non-members, please contact the secretariat for registration. All fees received are non-refundable nor transferable.


Payment Method : 1. By cheque made payable to "HKCFP Education Limited"; or
2. By FPS (for local transaction only. Can pay through Alipay or through online banking. Secretariat staff would further email you once the e-debit note with payment details is ready.)


Capacity : 40 participants (min: 20 participants)

Registration QR Code



Certificate Course on Palliative Medicine for Health Care Workers 2023 (Video Lectures)





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| Date | Topics | Speakers |
|-------------|---|---|
| 1 Aug 2023 | Principles in Palliative Care & End-of-Life Care in Community | Dr. Thomas Chi-ming MA Associate Consultant Department of Medicine Queen's Hospital |
| 8 Aug 2023 | Symptom Management in Palliative Care (I): Nausea and Vomiting, Anorexia, Fatigue, and Insomnia | Dr. Deepa NATARAJAN Associate Consultant Palliative Care Unit Shatin Hospital |
| 15 Aug 2023 | Symptom Management in Palliative Care (II): Shortness of Breath, Constipation, and Delirium | Dr. Lu-ming CHAN Associate Consultant Department of Medicine Queen's Hospital |
| 22 Aug 2023 | Pain Management in Palliative Care | Dr. Yin POON Associate Consultant Department of Medicine & Genetics Cantata Medical Centre |
| 29 Aug 2023 | Palliative Radiotherapy, Chemotherapy and Targeted Therapy | Dr. Johnny Kin-sang LAU Honorary Clinical Assistant Professor Department of Oncology The University of Hong Kong |
| 5 Sep 2023 | Advance Care Planning and Advance Directive | Dr. Benjamin Hon-wai CHENG Consultant Department of Medicine & Genetics Tuen Mun Hospital |

Date : 1, 8, 15, 22, 29 August & 5 September 2023 (Tuesday)

Duration of session : 1.5 hours (6 sessions)

Time : 7:00 pm – 8:30 pm

Course Feature : Video lectures (with Q&A platform for participants to post the questions)

Quit for doctors : DOCTORS are required to complete a quiz after the completion of each lecture

Language Media : Cantonese (Supplemented with English)

Course Fee : HK\$1,000

Certificate : Awarded to participants with a minimum attendance of 70% (4 out of 6 sessions)

Deadline : 29 July 2023

Enquiry : The Secretariat of The Federation of Medical Societies of Hong Kong
Tel: 2527 8898 Fax: 2985 0345 Email: victoria.lam@fmshk.org

Online Application from website: <http://www.fmshk.org>

Registration QR Code

