

賽馬會安寧頌  
**JCECC**   
 Jockey Club End-of-Life Community Care Project


**Cheering@Home End-of-Life Care Services**

St. James' Settlement  
 Eric Yu (RSW)  
 Project Manager

捐助機構 Funded by:  香港賽馬會慈善信託基金  
 The Hong Kong Jockey Club Charities Trust  
馬高共進 RIDING HIGH TOGETHER

合作夥伴 Project Partner:  聖雅各理療會  
 St. James' Settlement

**Content**

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- Briefly introduce our project.
- How do ESKD patients and family react on ACP?
- How do our project intervene?
- How does it happen after ACP discussion?
- Recommendations

## Our Team

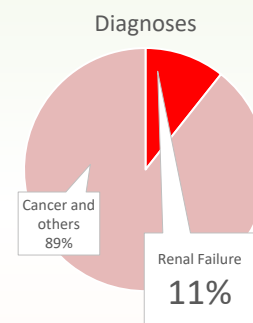


- Case referred by HA PCU.
- Working model:
  - Integrated Community End-of-Life Support Team
  - 3P
    - Practical needs
    - Physical needs
    - Psychosocial spiritual needs
- Staff: Social worker, RN, Caregiving Officer, AA

## Our Team



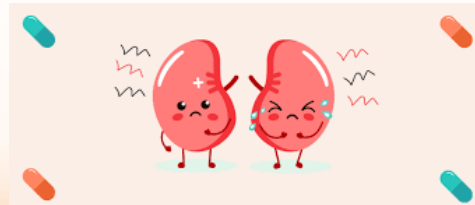
1. Patients with incurable disease with prognosis less than 12 months
  2. Elderly
    - Age  $\geq 60$  yrs,
    - $\geq 45$  yrs (special arrangement)
- Served more than 1100 families since 2016.
  - More than 100 patients were End Stage Renal Failure.



## Any commonality?



- More old age elderly
- Some with MCI or dementia
- Fatigue, poor appetite and poor sleep quality
- Argue with caregiver about the food intake
- Expect themselves have longer lives than doctor's diagnose.



## Some patients may say...



睬! 大吉利是! 我地唔講呢D!

諗左就會令人冇曬希望

睬過你...

是但啦! 比D仔女決定啦!



呢啲邊有得我揀?  
醫生先知道點做嘛!

## ACP conversation

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Choose some right **topics**.

Daily Life

Live with Significant others

Spiritual Issue

Care Plan

Medical Decision

Financial Plan

Funeral Plan

Remembrance

7

## ACP conversation

Financial Plan

記住我  
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- Q: What happen if deterioration? Some money will be locked.
- Introduce Will and EPA
- Encourage pass the authority to their beloved.
- Maybe sensitive to some users.

### ACP conversation



Care Plan



- Q: What happen if deterioration?
- Where take care? Who make the decision? Who manage? Who pay?

### ACP conversation

Daily Life



- 品味人生
- 我的最愛
- 我的興趣
- 最勁的事
- 最討厭的事
- 最驚的事

衣

行

玩 / 運動

興趣 / 新嘗試

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Use neutral / positive words

**Die ≠ Failure, bad luck**

**Die = Life graduation, Life teacher**



**= Reunion with the deceased family members**

**Preparation = Gift for family**

**Please give your advice how to reframe:**

We don't have any appropriate medicine to treat the illness.

If you don't undergo the dialysis, we can't help. We don't have the other ways to let you recover.

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**After the ACP conversation starts...**

➔

- Patient and Caregivers need time to consider or discuss with family members.

**ACP is a communication process.**

**Not only a form filling process.**

## Knowledge



- Social Services
  - Eg. JCECC (Community Care, Residential Care)
- Social Resources
  - Eg. Rehab aids lending, Mutual help group
- Funeral issues
- Die at home issues



## 聯絡方法



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