

# Getting ready for ACP implementation in the public hospital:

## The local experience of ACP for Chinese patients with end-stage renal disease

Dr Yuen Sze Kit

MBCChB (CUHK) DFM (Monash) Dip Ger Med RCPS (Glasg) PDipID(HK) PgDipPD (Cardiff) MFM (CUHK)

MRCP (UK) FHKCP FHKAM(Medicine) FRCP (Edin.)

Consultant Nephrologist, Renal Team head,

Department of Medicine & Geriatrics, Caritas Medical Centre

Clinical Associate Professor (Honorary)

Department of Medicine & Therapeutics, The Chinese University of Hong Kong

15 November 2023

Getting ready for ACP implementation in  
the public hospital:

The local experience of ACP for Chinese  
patients with end-stage renal disease

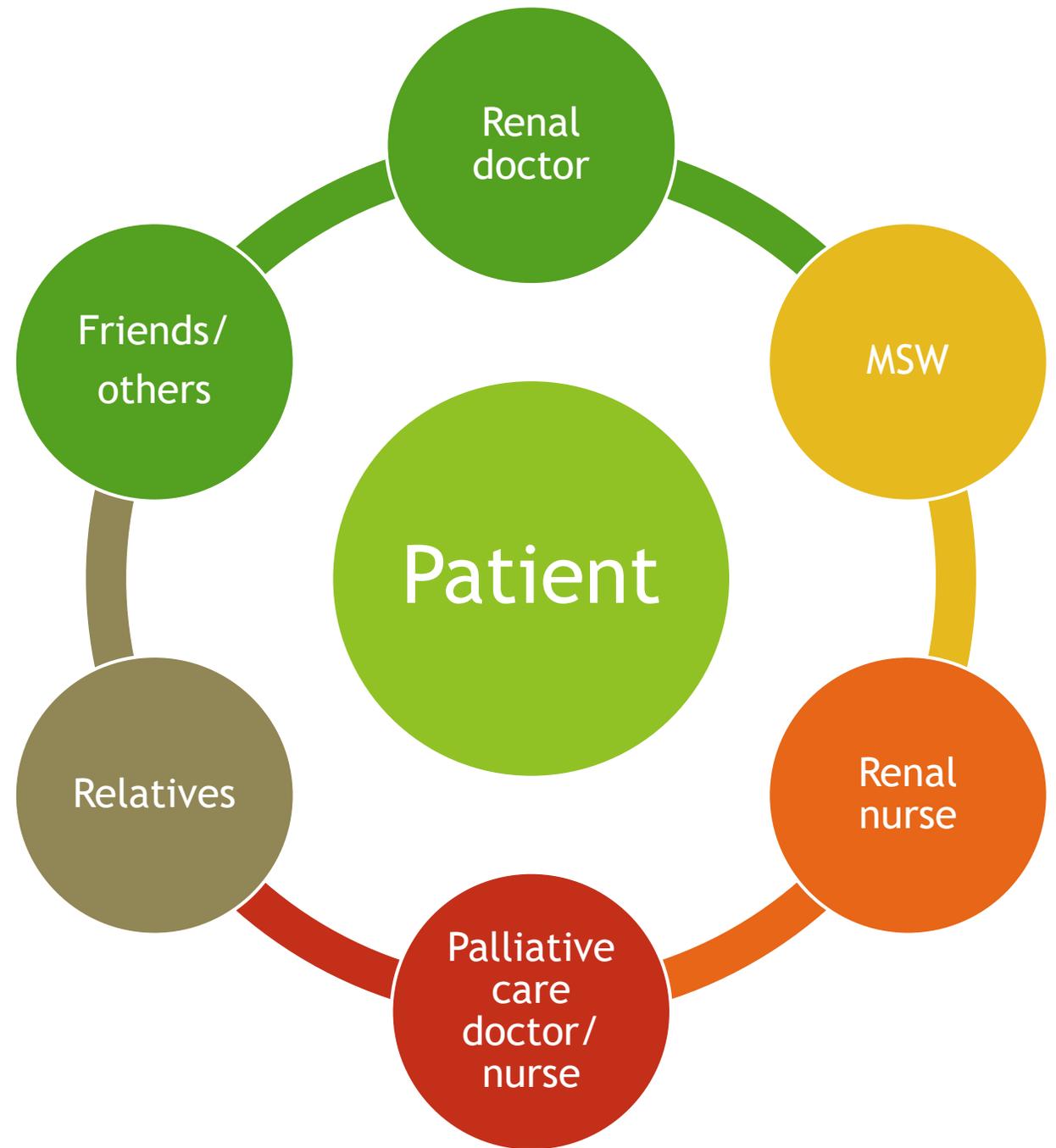
# ACP implementation in public hospitals

- ▶ 人 People
  - ▶ 機 Machine
  - ▶ 物 Material
  - ▶ 法 Method
  - ▶ 環 Environment
  - ▶ 測 Measurement
- ▶ Mission
  - ▶ Management
  - ▶ Maintenance

# ACP implementation in public hospitals

- ▶ 人 People
  - ▶ 機 Machine
  - ▶ 物 Material
  - ▶ 法 Method
  - ▶ 環 Environment
  - ▶ 測 Measurement
- ▶ Mission
  - ▶ Management
  - ▶ Maintenance

# People - engagement



# People - engagement (patients) - before ACP

- ▶ Readiness
  - ▶ Avoidance
  - ▶ Asymptomatic
  - ▶ Worry of need for dialysis immediately
- ▶ Ability to comprehend
- ▶ Burden to family
  - ▶ Psycho-social
  - ▶ Financial
- ▶ Involve other professional early

# People - engagement (patients) - ACP

- ▶ Establish rapport
- ▶ Explain objectives, reassurance
- ▶ Case review
  - ▶ Irreversibility
  - ▶ Stage of disease, prognosis
- ▶ Options (information giving)
- ▶ Core ACP (facilitation)
- ▶ Conclusion
- ▶ Follow-up / link-person

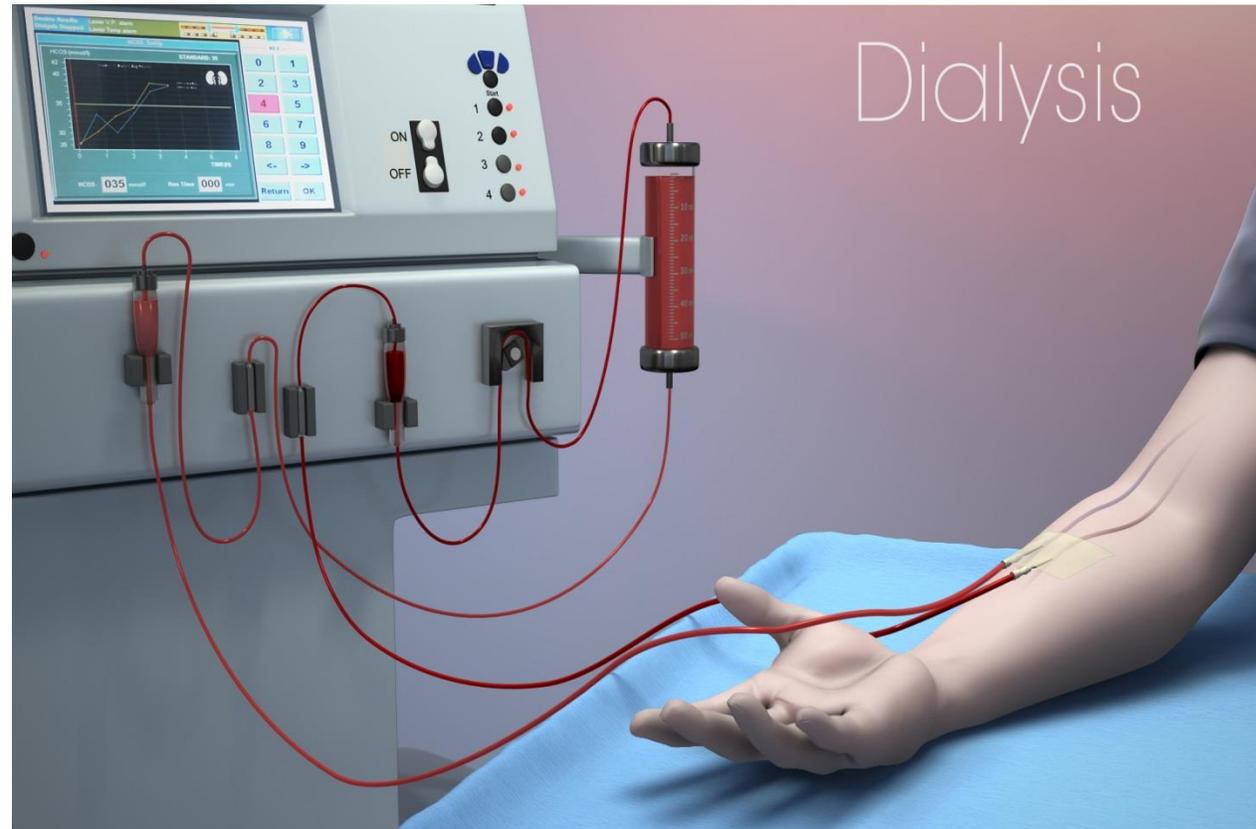
# Management options of ESKD

- ▶ Transplantation
  - ▶ Living-related renal transplantation
  - ▶ Deceased-donor renal transplantation
- ▶ Dialysis
  - ▶ Haemodialysis (HD)
    - ▶ Centre HD
    - ▶ Nocturnal home HD
  - ▶ Peritoneal dialysis (PD)
    - ▶ Ambulatory peritoneal dialysis (APD)
    - ▶ Continuous ambulatory peritoneal dialysis (CAPD)
    - ▶ Continuous cyclic peritoneal dialysis (CCPD)
- ▶ Palliative care

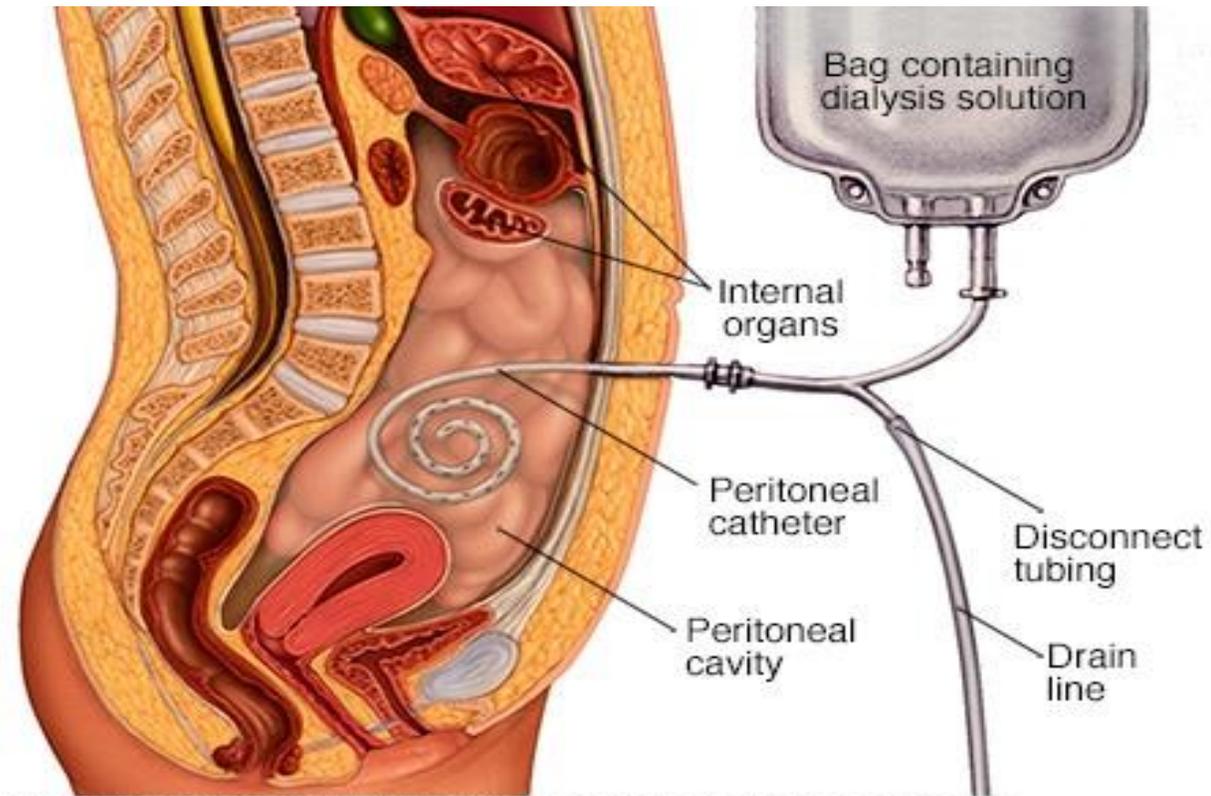
# Transplantation

- ▶ Objective scoring system
- ▶ Living
- ▶ Deceased

# HD and PD



<https://www.scientificanimations.com/key-advancement-hemodialysis/>



© MAYO FOUNDATION FOR MEDICAL EDUCATION AND RESEARCH. ALL RIGHTS RESERVED.

<https://www.mayoclinic.org/tests-procedures/peritoneal-dialysis/about/pac-20384725>

# Palliative care as one of the options - a non-inferior one

- ▶ Conservative vs.
- ▶ Symptomatic vs.
- ▶ Palliative

- ▶ Physical
- ▶ Psychological
- ▶ Social
- ▶ Spiritual

# People - engagement (patients) - post ACP

- ▶ MSW contact
- ▶ Doctor's clinic follow-up
- ▶ Case conference
- ▶ Hand-over
  
- ▶ Revolving door policy

# ACP implementation in public hospitals

- ▶ 人 People
- ▶ 機 Machine
- ▶ 物 Material
- ▶ 法 Method
- ▶ 環 Environment
- ▶ 測 Measurement
- ▶ Mission
- ▶ Management
- ▶ Maintenance

# People - engagement (doctors/nurses)

- ▶ To save vs. let go?
- ▶ Information giving  $\neq$  ACP
- ▶ Teaching, seminar
- ▶ Demonstration
- ▶ Cross-specialty sharing

# To save vs. let go?

- ▶ Transplantation
  - ▶ Living-related renal transplantation
  - ▶ Deceased-donor renal transplantation
- ▶ Dialysis
  - ▶ Haemodialysis (HD)
    - ▶ Centre HD
    - ▶ Nocturnal home HD
  - ▶ Peritoneal dialysis (PD)
    - ▶ Ambulatory peritoneal dialysis (APD)
    - ▶ Continuous ambulatory peritoneal dialysis (CAPD)
    - ▶ Continuous cyclic peritoneal dialysis (CCPD)
- ▶ Palliative care

# To save vs. Let go → It is all about choice

- ▶ Refuses dialysis ≠ opts for palliative care
- ▶ Refuses life-sustaining procedure ≠ abnormal

# Information giving ≠ ACP

- ▶ Information giving is essential
- ▶ Core ACP (facilitation)
  - ▶ Patient-centered
  - ▶ Value
  - ▶ A well-defined facilitator
    - ▶ Hidden agenda
    - ▶ Mis-understanding / mis-conception / unfounded worry
    - ▶ Different stance from relatives / family dynamics
    - ▶ Counseling skills: silence, summarizing, paraphrasing, etc.

# People - engagement (doctors/nurses)

- ▶ To save vs. let go?
- ▶ Information giving  $\neq$  ACP
- ▶ Teaching, seminar
- ▶ Demonstration
- ▶ Cross-specialty sharing
- ▶ **Kotter Change Management**

# Change management (Kotter) - principles

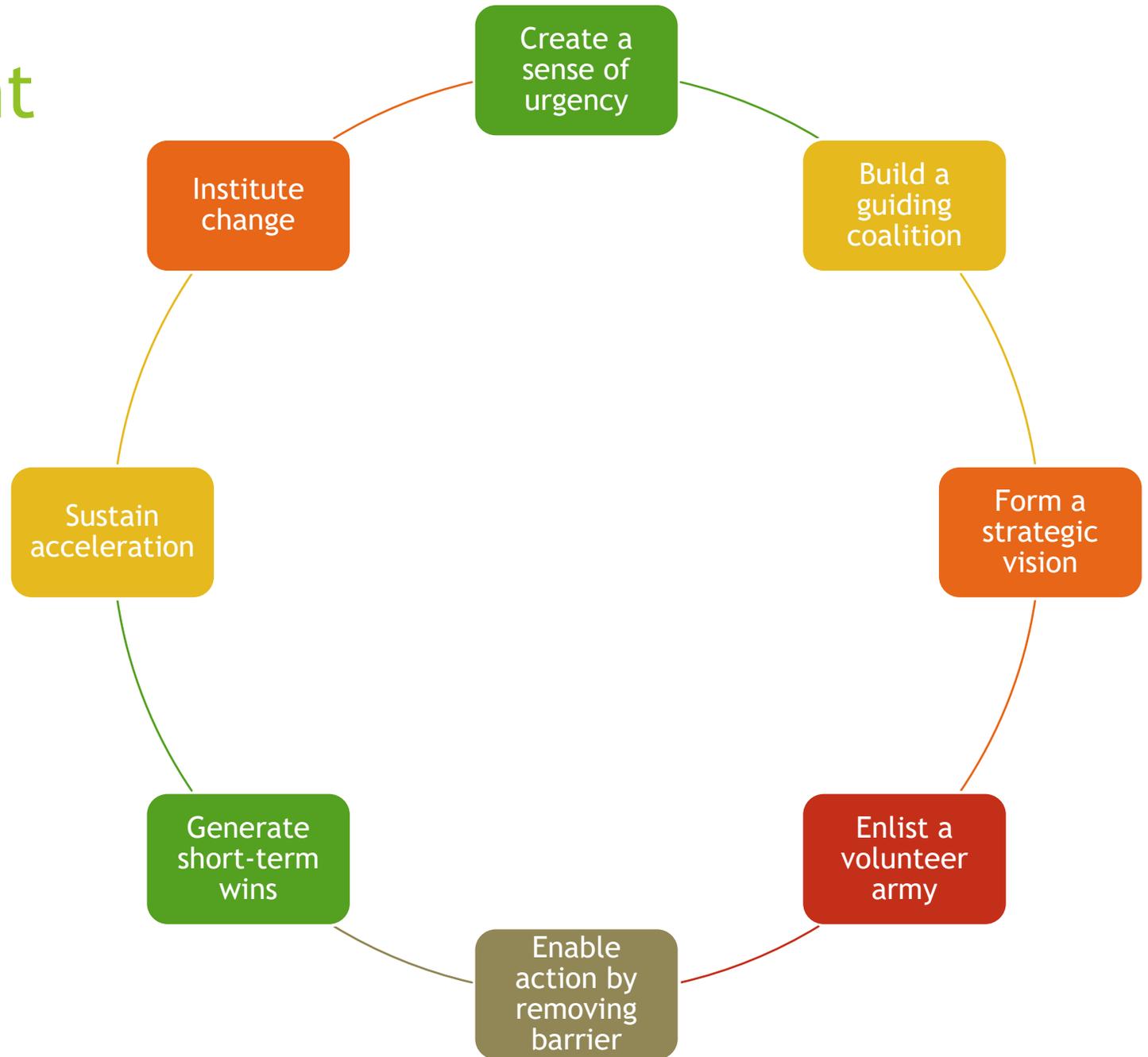
Management  
+ Leadership

Head +  
Heart

Have to +  
Want to

Select few +  
diverse  
many

# Change management (Kotter) - 8 steps



# ACP implementation in public hospitals

- ▶ 人 People
  - ▶ 機 **Machine**
  - ▶ 物 **Material**
  - ▶ 法 Method
  - ▶ 環 Environment
  - ▶ 測 Measurement
- ▶ Mission
  - ▶ Management
  - ▶ Maintenance

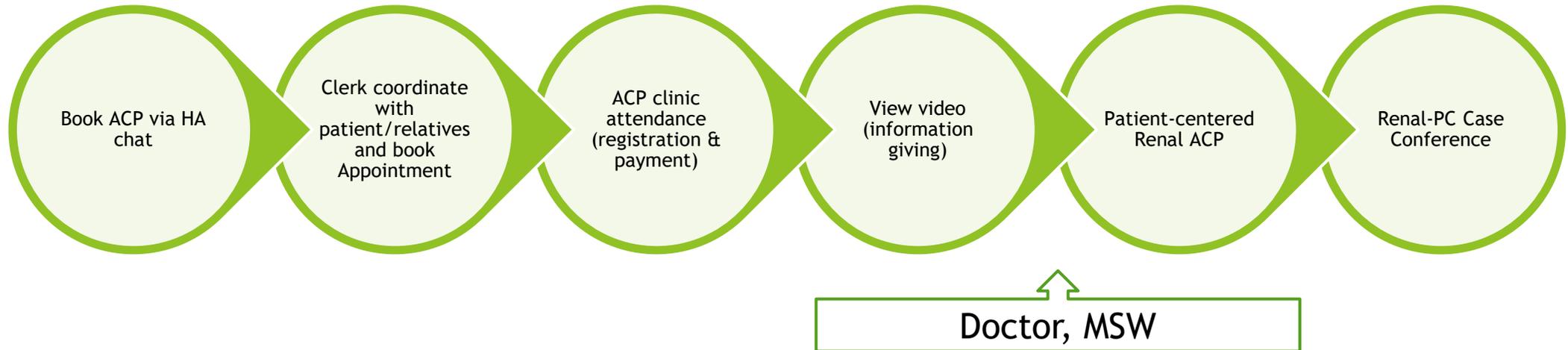
# Machine / Material

- ▶ Documentation method
- ▶ CMS
  - ▶ Paper
  - ▶ CMS
    - ▶ Template
    - ▶ Consultation notes, progress notes
    - ▶ Electronic Form
      - ▶ Alignment
      - ▶ User friendly

# ACP implementation in public hospitals

- ▶ 人 People
  - ▶ 機 Machine
  - ▶ 物 Material
  - ▶ 法 **Method**
  - ▶ 環 Environment
  - ▶ 測 Measurement
- ▶ Mission
  - ▶ Management
  - ▶ Maintenance

# Method - Renal ACP in CMC



- ▶ 3 cases/Friday pm
- ▶ Incorporate Telehealth in 2024
- ▶ Nursing technique assessment / input in 2024

Method - video for information-giving:  
sadly, a compromise...



Media Player

# 選擇適合您的治療方案

袁醫生  
連醫生  
醫務社工楊姑娘

請先觀看此參考影片，稍後腎科團隊會和您商討最適合您的治療方案

本影片旨在提供有關腎臟替代治療的資訊以供教育之用，其內容並不能取代醫護人員與病人之間的專業意見，亦不構成對任何治療方案的建議。我們建議您就醫療問題以及醫療取向，諮詢你的醫護人員以獲得最適切和個人化的治療方案。

# ACP implementation in public hospitals

- ▶ 人 People
  - ▶ 機 Machine
  - ▶ 物 Material
  - ▶ 法 Method
  - ▶ 環 **Environment**
  - ▶ 測 Measurement
- ▶ Mission
  - ▶ Management
  - ▶ Maintenance

# Environment

- ▶ 3 quiet & private SOPD consultation rooms
- ▶ Improve efficiency - next door

# ACP implementation in public hospitals

- ▶ 人 People
  - ▶ 機 Machine
  - ▶ 物 Material
  - ▶ 法 Method
  - ▶ 環 Environment
  - ▶ 測 **Measurement**
- ▶ Mission
  - ▶ Management
  - ▶ Maintenance

# Measurement

- ▶ Throughput
- ▶ Waiting time
- ▶ Areas for audit
  - ▶ Patient decision at ACP
  - ▶ Patient decision by FU
  - ▶ Patient final outcome
  - ▶ Percentage of change decision

# ACP implementation in public hospitals

- ▶ 人 People
  - ▶ 機 Machine
  - ▶ 物 Material
  - ▶ 法 Method
  - ▶ 環 Environment
  - ▶ 測 Measurement
- ▶ **Mission**
  - ▶ **Management**
  - ▶ **Maintenance**

# Conclusion

- ▶ HD, PD, transplantation, palliative care are equally valid options in the management of ESRF
- ▶ Information giving ≠ ACP
- ▶ Facilitation requires heart/brain + some training
- ▶ Motivated team leader

The background features abstract, overlapping geometric shapes in various shades of green, ranging from light lime to dark forest green. These shapes are primarily located on the left and right sides of the frame, leaving a large white central area. The shapes are layered, creating a sense of depth and movement.

Thank you