

## **Journey of Developing the National Programme in Advance Care Planning (ACP) in Singapore**

Singapore is a developed country that is aging rapidly. Technological and medical advances prolong life expectancies but may sometimes result in poor quality of life as well as missed opportunities to engage patients in discussions to understand what really matters to them. In 2011, a national programme in advance care planning (ACP) known as Living Matters was launched in Singapore. Over the years, the programme has grown and evolved. While ACP has become routine in some hospital units, challenges remain in implementing ACP as a standard of care across all levels of the healthcare system. Opportunities abound in improving the quality of the ACP process and in bringing ACP upstream into outpatient clinics, primary care and into the community. In my presentation, I will deep dive into the development of the national programme in ACP in Singapore as well as the challenges and opportunities we face.