

陸文慧律師簡介

英國劍橋大學修讀法律，1996 年及 1997 年分別取得香港與英國律師資格，2011 年取得國際公證人資格，一直在香港執業至今。其間，在香港大學法律系兼任客座教授，超過十年。

2016、2018 及 2022 年出版《贏在終點線》、《贏在終點線（新版）》及《贏在終點線（修訂版）》，介紹「平安三寶」與繼承法實務，「平安三寶」即遺囑、持久授權書、預設醫療指示。2017 至今，獲醫院、專業團體、社福機構、大專院校、教會邀請，主持了九十個「平安三寶」講座，地點遍佈全港各區，包括天水圍與長洲。為避免利益衝突，自從為公益到處推廣「平安三寶」，本身已停止接辦「平安三寶」業務。

多年來照顧癌症病人及腦退化病人，曾參加多個照顧長者及臨終病人的醫護課程，積極研究及發展一套配合「居家安老」及「在家善終」的照護方案，並為此創辦護老學院有限公司。根據該方案，在宅醫療（即上門的醫護人員）、個案經理（case managers），以及訓練有素的護老外傭，是必備元素。

Profile of Ms Angelina Luk

Angelina is a solicitor, a notary public and a former adjunct professor of the Law Faculty of the University of Hong Kong. A law graduate from the University of Cambridge, she was qualified as a solicitor in Hong Kong in 1996 and England & Wales in 1997.

Angelina's latest Chinese book 《贏在終點線（修訂版）》(Winning at the Finish Line) explains in layman terms Wills, Enduring Powers of Attorney and Advance Directives in relation to Medical Treatment (collectively “the 3 Instruments of Peace (平安三寶)” as well as probate law and practice in Hong Kong. Since 2017 after the publication of the 1st edition of the book, she has been invited by hospitals, universities, professional bodies, NGOs, churches and elderly-related organizations to speak and teach on the 3 Instruments of Peace. She delivered 90 talks in almost all of the 18 districts in Hong Kong, including Tin Shui Wai and Cheung Chau. After taking on an active role of an advocate for this cause, she has refrained from taking instructions for these legal documents in order to avoid any potential conflict of interest.

As an experienced caregiver to cancer and dementia patients, she attended numerous conferences and courses on dementia and end-of-life care. She became convinced that aging in place is a preferred care model, featuring well-trained foreign domestic helpers, case managers and home-visit health professionals. She is the co-founder and director of MEC Academy Limited which was set up to facilitate this elderly care model.